

## MRC Nursing Home Transition Programs

MRC's Community Living (CL) Division operates numerous programs which assist in improving the quality of life of individuals with disabilities and allow individuals to live and work independently in their communities in the Commonwealth. A number of these programs assist individuals with disabilities in transitioning from nursing facilities into the community, as well as providing services to assist consumers in avoiding a nursing facility or chronic or rehabilitation hospital re-admission. These programs include services provided by Independent Living Centers, the Acquired Brain Injury (ABI) waiver program, the Money Follows the Person (MFP) waiver program, the Adult Supported Living Program, and the Rolland Program, among others.

### 2014 Results

- During FY2014, MRC's Community Living and Medicaid Waiver programs successfully transitioned 111 individuals with disabilities from nursing facilities into community placements. In addition to allowing individuals to live in the community, these programs also assist in reducing costs by keeping consumers out of expensive nursing home facilities.
- In addition, Massachusetts' 11 Independent Living Centers assisted 194 individuals with disabilities in relocating to the community from nursing home facilities during FY2014. The ILCs are funded and supported by MRC. In total, MRC-supported programs assisted 305 individuals in transitioning to the community in FY2014.
- Community-based independent living is a more economically feasible option for people with disabilities. The estimated average yearly cost of nursing home care in Massachusetts is approximately \$125,000\*, while the estimated typical cost of independent community-based living is \$35,000 to \$50,000 annually\*\*, translating to estimated annual savings of \$75,000 to \$90,000.
- Based on these estimates, the projected annual cost of nursing home care for those relocated to the community in FY2014 would be approximately \$38.1 million, while the estimated cost of community-based living would be between \$10.7 and \$15.3 million, translating to an estimated annual savings of between \$22.9 and \$27.5 million for these individuals.

\*-Source: <http://longtermcare.gov/cost-of-care-results/?state=US-MA>

\*\* -Source: <http://www.mass.gov/eohhs/consumer/disability-services/living-supports/independent-living/independent-living-philosophy-at-massachusetts.html>

The goal of our services is to promote dignity through employment and community living, one person at a time. We hope that all citizens with disabilities in Massachusetts will have the opportunity to contribute as a productive member of their community and family as a result of services provided by the MRC.

The Massachusetts Rehabilitation Commission (MRC) promotes equality, empowerment, and independence of individuals with disabilities. These goals are achieved through enhancing and encouraging personal choice and the right to succeed or fail in the pursuit of independence and employment in the community.